

CAIR PARAVEL - LATIN SCHOOL

www.cpls.k12.ks.us

Family Newsletter - September 12, 2003

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**DOMINUS
ILLUMINATIO
MEA**

FROM THE DEAN'S DESK... HELPFUL HINTS FOR HANDLING HOMEWORK

Parents and Friends,

Thanks for your attendance at the recent Open House. Teachers and students put in a long day and a whole lot of effort to make it a pleasant visit for you. The participation was good, and the teachers have been encouraged by the enthusiasm of parents and students for a new year.

I regret that our homework session was so cramped for time and space. The positive spirit and questions/comments afterwards were encouraging. We all want the best for the children of Cair Paravel - your children - and the greater our collaboration on things like homework the greater our effectiveness will be in training the next generation.

Many of the teachers have recently watched a six part video series entitled, *Marching to the Beat of a Different Drummer*. It was specifically about identifying and assisting students who may have Attention Deficit Disorders (ADD). We will be addressing some of the items in those videos in future entries to the newsletter.

Some of the suggestions in the video - indeed, many of them - were quite practical for application with any student. Whether a child is highly accelerated or struggling along, the pointers on classroom management, personal organization, and especially homework, were beneficial. We have taken a few of those homework suggestions and added a few of our own for your encouragement and consideration. We realize that some suggestions may apply to certain age groups and not others, but we know you will be the best judge as to which ones you can use.

Hopefully an outline format will assist in communicating the possibilities for how the average family might spend the average of 1.8 hours of weeknight homework that you indicated on last year's surveys.

Suggestion 1: Set Aside a Quiet Study Time in the Evening

- A. Screen phone calls for your child and give him the messages after study time
- B. Be sure your child has logged off the Internet - especially the Instant Message programs

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BAGELS WITH BOB! SEPTEMBER 13, 8:30AM - 10:00AM CPLS LIBRARY



You are invited to Bagels with Bob this Saturday, September 13, 8:30 a.m. - 10:00 a.m.

This is your opportunity to discuss issues, ideas, or concerns with your Board President. In addition, Bob will give a brief "State of the school" presentation. We will meet in the library. Bagels and juice will be provided.

COLLEGE FAIR & FINANCIAL WORKSHOP

The Midwest Christian College Fair and Financial Aid Workshop will again be hosted by Maranatha Academy on Monday, Sept. 29 from 6-9:00 PM. The Fair will be held at the Maranatha Trinity Gymnasium at 15000 W. 63rd St., Shawnee (Lackman Road and 63rd) Many of the top Christian colleges in the region will be represented as well as a financial aid workshop for students and parents.

SEE YOU AT THE POLE

Wednesday, Sept. 17th , 7:15 a.m.

See you at the Pole is a student-initiated, student-organized and student-led time for middle and high school students to gather at the CPLS flagpole and pray for school, friends, community and country. The Purpose is to pray. This is a student council sponsored event at CPLS. Students in grades 6th - 12th grade are invited to attend. Please be on time and come quietly as we pray together around the flagpole. We will then break into small prayer groups and pray in the gym. The prayer time will be from 7:15 - 8:00 a.m. From 8:00 - 8:20 the Student Council will have a continental breakfast (donuts and juice) available for \$1.00 in the lunchroom. Parents can pray at home or in the theater for our CPLS students and our country.

KITCHEN CORNER

HOT LUNCH MENU

MON ... Fish patty, green beans, pineapple, roll
 TUE Waffle sticks, eggs, sausage link, orange
 WED ... Baked ham, carrot sticks, peaches, rolls
 THU Sausage pizza, corn, applesauce, cake
 FRI Hot dog, apple, chips, oatmeal pie

ALA CARTE

MON ... Baked Potato \$1.50
 TUE Walking Taco \$1.75
 WED ... Burrito w/sauce \$1.50
 THU Stuffed Crust Pizza \$1.25
 FRI Cheeseburger w/Fries \$2.00

BOX SCORES

Varsity Football
 Sep 06 - CPLS 12 St. Mary's 58

Varsity Soccer
 Sep 04 - CPLS 8 FlintHills 0

Varsity Volleyball
 Sep 09 - CPLS 2 Lyndon 0
 (26-24, 25-17)
 Sep 09 - CPLS 0 Madison 2
 (14-25, 10-25)

SCHOOL PHOTOS - SEPT 22

Yearbook photos will be taken on Monday, September 22nd. Students are not required to wear uniforms that day, but should dress nicely for pictures and convocation.

SCHOOL HANDBOOKS AVAILABLE

If you were unable to attend the All School Open House held September 2, your free copy of the school handbook was given to your child to bring home.

Additional copies of the handbooks are available for \$5.00 each in the school office. Smaller directories are available for \$2.00 each.

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 The newsletter may be read on-line at:
www.cpls.k12.ks.us/newsletter

SCHOOL CALENDAR

SEPTEMBER 2003

11 04:00 PM JH Volleyball v WAHAA
 11 04:00 PM JV Soccer @ Topeka High
 11 04:00 PM V Volleyball v WAHAA
 11 05:00 PM JH Football @ St. Mary's
 11 06:30 PM JH Volleyball v Olathe Christian
 11 06:30 PM V Volleyball v Olathe Christian
 12 04:30 PM V Soccer @ Elyria
 12 06:00 PM JV Soccer @ Elyria
 12 07:00 PM V Football v Sunrise Academy
13 08:30 AM Bagels with Bob - CPLS Library
 13 10:00 AM V Soccer @ Highland Park
 13 11:30 AM JV Soccer @ Highland Park
 (immediately following varsity)
13 05:00 PM CPLS Skating Party @ SkateAway
 15 05:30 PM JH Volleyball @ Heritage
 16 04:30 PM V Soccer v Perry-Lecompton
 16 05:00 & 6:00 PM JV Volleyball @ Olpe
 16 05:00 & 6:00 PM V Volleyball @ Olpe
 16 06:00 PM JV Soccer v Perry-Lecompton
 (immediately following varsity)
17 7:15am See You at the Pole
 18 04:30 PM JH Football @ Kickapoo
 18 04:30 PM V Soccer v St. Mary's
 18 06:00 PM JV Soccer v St. Mary's
 19 04:00 PM JH Volleyball @ Veritas
 19 05:15 PM JV Volleyball @ Veritas
 19 06:30 PM JH Volleyball @ Veritas
 19 07:00 PM V Football v Miami, MO
 22 04:00 PM JV Soccer @ Topeka High "C"
 22 05:30 PM V Soccer @ Topeka High JV
22 School Pictures
 23 04:30 PM JH Soccer v Cornerstone
 23 05:45 PM V Soccer v Cornerstone
 25 04:00 PM JH Volleyball @ Flint Hills
 25 04:30 PM JH Football @ Word of Life
 25 04:30 PM JV Soccer v Washburn Rural
 25 04:30 PM V Soccer v Washburn Rural
 25 TBA JV Volleyball @ Flint Hills
 25 TBA V Volleyball @ Flint Hills
 26 07:00 PM V Football v Highland
 26 Half Day of School, 11:45am Dismissal
 26 Faculty/Staff In-Service
 27 09:00 AM ... V Volleyball @ Herington Invitational
 27 Faculty/Staff In-Service
 30 04:00 PM JH Volleyball @ Kickapoo
 30 04:30 PM V Soccer v Berean
 30 05:30 PM V Volleyball @ Kickapoo

SEPTEMBER 26 - HALF DAY OF SCHOOL

- AM Kindergarten: 11:30am Dismissal
- PM Kindergarten: NO SCHOOL
- Grades 1-8: Regular class schedule, 11:45am Dismissal
- Grades 9-12: "A" Day, 1 hour per block, 11:45am Dismissal
- NO SCHOOL HOT LUNCH

FROM THE DEAN'S DESK... ...CONTINUED

- C. Isolate possible distractions from other siblings and activities in the house

Suggestion 2: Monitor Progress

- A. Have your child show you her completed work as she moves from subject to subject
- B. Help your child with memorization, review, recitation and even the honing of ideas
- C. Discourage undue haste in completing homework. (This might be best accomplished by requiring a set amount of homework time whether it is completed or not)

Suggestion 3: Create an Effective Study Environment

- A. If music is played at all, it should be wordless/classical tunes that don't compete for active attention. (All studies are proving that listening to lyrical tunes is counter-productive during study time - no matter what your child might claim)
- B. Remove "envy" items from the study environment
 - 1. No one watches TV during the designated study time so your child doesn't feel like he's missing out
 - 2. Ditto for Nintendo, Computer games, rough housing, etc.

Suggestion 4: Require a set amount of homework time each night.

(No one can rightfully claim that there is nothing to do. Consider the need for review, memorization, pursuit of mastery, long term projects, reading for literature points, etc.)

- A. Knowing that a set amount of time will be set aside for homework will reduce haste.
- B. It will also work to counter the snow ball effect of things piling up on students.
- C. It can also be used by parents who are modeling "life-long learning" principles as a reading/study time.

Suggestions 5: Take advantage of consistent family time

- A. Students will learn to conform to the family schedule by adapting to the amount of time that is set aside for family discussion.
- B. A consistent time allows the student to relax and envision the amount of time in the remainder of the evening to do necessary work.

DOLLARS FOR DAEGAN

Daegen Feyh, brother of Alexa Feyh (2nd-Mrs. Jorgensen) was diagnosed with Acute Myelogenous Leukemia this past August. Daegen is only 2 1/2 years old. He is currently undergoing chemotherapy at KU Medical Center. His parents are Lance and Janelle Feyh. Lance, a local police officer, also works security part-time at CPLS and in our daycare house.

Mrs. Deb Jorgensen is coordinating an opportunity for CPLS to raise money to help the family with the mountain of medical bills which accompany such extensive medical treatment. If you are able to help, please bring your contributions to the school office.

Also, don't forget Daegen Feyh Day, Saturday, October 18th. (See the September 5th newsletter for details.)

Daegen, we're praying for you!!

CPLS SKATING PARTY - SEPTEMBER 13

The CPLS roller skating party is Saturday, September 13, from 5:00 - 7:00 pm at Sk8-Away, 8th & Fairlawn.

The price is \$3.00 and includes skates. Snack bar coupons will be sent home with students.

See you at the RINK!



MEMORY VERSE GRADES K-5

For the week of September 15-18

It is by grace you have been saved, through faith - and this is not from yourselves, it is the gift of God - not by works, so that no one can boast.

~ Ephesians 2:8-9

SCHOOL SUBURBAN FOR SALE

CPLS is selling a 1999 Chevy Suburban with 89,000 miles on it. We will sell it for \$13,000.00 or best offer. See Cindy Patton to schedule a test drive.